

THAI MASSAGE & OSTEOPATHY DYNAMIC TECHNIQUES

elisabeth
aue



April
27-28

Vienna

www.elisabethaue.com

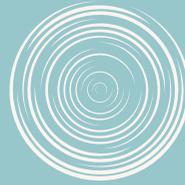
Movement is life - and life is rhythm!

Our bodies are made of WATER and all life-sustaining processes rely on liquids to flow through our bodies without impediment.

Free flow of fluids is the foundation of auto regulation and health!



'The rule of the artery is supreme '
A. T. Still,
founding father of osteopathy



elisabeth
aue

The Dynamic approach
in Osteopathy and Thai Massage
connects with the WATER element
and moves the liquids of the body, while offering a
frequency, a rhythm to the tissue and playfulness and joy
to its giver and receiver!

helps the cells to detox and receive nourishment
increases mobility and tissue repair
has a regulating effect on the
sympathetic & parasympathetic
NERVOUS SYSTEM



For two days we will explore Advanced Dynamic Techniques coming from different traditions and learn how to work with the element of RHYTHM and waves with precision and joy.

This course is for all bodyworkers with experience, whether you come from Shiatsu, Physiotherapy, Thai Massage, Classical Massage or other traditions.



April
27-28

PRICE 300,-
Bring a friend price 280,-

16 Hours of Theory & Practice
small groups & individual learning

www.elisabethaue.com

SCHEDULE:

09:00 - 14:00 THEORY & PRACTICE

14:00 - 15:30 LUNCH BREAK

15:30 - 18:00 PRACTICE

LOCATION:

Bergsteiggasse 37/ Stiege 1/Top 4

1170 Wien



Registration

www.elisabethaue.com

Elisabeth.aue@gmail.com

+436504578928



Elisabeth__green

Elisabeth AUE

Physiotherapist, Osteopath,
Thai Yoga Massage Therapist
Yoga Instructor



I spent the last 15 years learning about the human body and health, aiming to complete a holistic approach studying eastern as well as western modalities. I started as a Physiotherapist, working in a hospital of Neurology and later on opened my own practice in Vienna, where I am giving treatments up until this day.

In 2016 I started studying Osteopathy at the 'Wiener Schule für Osteopathie' and finished my 6th year in 2022. That same year Thai Yoga Massage entered my life and has since played an important role, transforming my manual bodywork practice.

www.elisabethaue.com